

For persons 60
years of age
& older
regardless of
income or assets

**SITE CONTACTS
FOR
RESERVATIONS OR
CANCELLATIONS:**

**Ashland Site
715-682-4414 x. 0**

**Sanborn Site
715-278-3955**

**Mellen Site
715-274-8251**

**Glidden Site
715-264-3682**

**Butternut Site
715-769-9417**

**Toll-Free
1-888-682-7672**

No email reservations
accepted.

**All meal programs
administered by:**

**Ashland County
Aging Unit, Inc.
400 Chapple Ave.
Suite 100
Ashland, WI 54806
715-682-4414 x. 0**

Ashland County Aging Unit, Inc. Senior Nutrition Program

Senior Dining Sites & Meals on Wheels



AUGUST 2022



Mon—All Sites	Tue—Ashland Only	Wed—All Sites	Thu—All Sites	Fri—Ashland Only
1 Italian Meatballs w/Marinara & Penne Pasta Italian Vegetables Bartlett Pear	2 Salisbury Steak Mashed Potatoes w/Brown Gravy Whole Green Beans WW Roll w/Butter PC Cantaloupe	3 Tuna Noodle Casserole Steamed Carrots Three Bean Salad Granny Smith Apple	4 Rotisserie Chicken Quarter w/Gravy Roasted Herb Potatoes Broccoli Cuts WW Roll w/Butter Banana	5 Mushroom & Cheese Frittata Crispy Hashbrowns Biscuit w/Butter Pineapple Chunks
8 Tater Tot Hot Dish California Vegetables Beets WW Bread w/Butter	9 Romaine Lettuce Salad w/Cherry Tomatoes Diced Black Forest Ham Cucumber Cheddar Cheese & Ranch Dressing WW Roll w/Butter	10 Maple Glazed Pork Tomato and Cucumber Salad Baked Beans WW Roll w/Butter Peach Pineapple Jello	11 BBQ Chicken Peas & Carrots Country Coleslaw Red Potato Salad WW Roll w/Butter	12 WW Spaghetti w/Turkey Meat Sauce Italian Vegetables Garlic Sticks Mandarin Oranges
15 Chicken Chop Suey w/Brown Rice Asian Vegetables Mandarin Orange	16 Crispy Breaded Fish Filet w/WW Bun Sliced Tomatoes & Lettuce Sliced Dill Pickles Mixed Vegetables	17 Garlic Herb Pork Loin w/Gravy Baked Potatoes Broccoli Cuts WW Roll w/Butter Applesauce	18 Lemon Baked Chicken w/Gravy Steamed Carrots Baked Beans WW Roll w/Butter Diced Peaches	19 Biscuits w/Country Gravy & Pork Sausage Link Red Seedless Grapes Orange
22 Chili Bean Soup w/Shredded Cheddar Cheese Green Beans Sweet Cornbread Mandarin Oranges	23 Baked Chicken w/Thyme Sauce Mashed Potatoes w/Chicken Gravy Broccoli Cuts WW Roll w/Butter Orange	24 Beef Macaroni Tomato Casserole Chopped Romaine & Spinach Salad w/Tomatoes, Cucumber & Ranch Blush Pears	25 Pork Roast w/Gravy Garlic Roasted Potatoes Glazed Carrots Applesauce Chocolate Cake  BIRTHDAY MEAL	26 Lasagna Italian Vegetables Sliced Cucumber Garlic Breadstick Pears
29 Beef Stroganoff Sliced Mushrooms Buttered Egg Noodles Mixed Vegetable Blend Apricots	30 Turkey Meatloaf w/Chicken Gravy Mashed Potatoes Sliced Beets Broccoli Salad w/Bacon WW Roll w/Butter	31 Beef Taco Meat w/Flour Tortilla Refried Beans Cheddar Cheese Shredded Lettuce Mild Salsa & Sour Cream Pears	Main Office Hours: <u>Monday thru Friday 8:00 a.m.-4:30 p.m.</u> 400 Chapple Ave. Suite 100 Ashland, WI 54806 715-682-4414 x. 0 www.ashlandaging.org	\$3.25 per meal suggested donation for age 60+. Actual cost/guest fee for people under 60 unless accompanied by their senior spouse is \$7.00