

For persons 60
years of age
& older
regardless of
income or assets

**SITE CONTACTS
FOR
RESERVATIONS OR
CANCELLATIONS:**

**Ashland Site
715-682-4414 x. 0**

**Sanborn Site
715-278-3955**

**Mellen Site
715-274-8251**

**Glidden Site
715-264-3682**

**Butternut Site
715-769-9417**

**Toll-Free
1-888-682-7672**

No email reservations
accepted.

***All meal programs
administered by:***

**Ashland County
Aging Unit, Inc.
400 Chapple Ave.
Suite 100
Ashland, WI 54806
715-682-4414 x. 0**




Ashland County Aging Unit, Inc. Senior Nutrition Program

Senior Dining Sites & Meals on Wheels



SEPTEMBER 2022



Mon—All Sites	Tue—Ashland Only	Wed—All Sites	Thu—All Sites	Fri—Ashland Only
<p><u>Main Office Hours:</u> Monday thru Friday 8:00 a.m.- 4:30 p.m. 400 Chapple Ave. Suite 100 Ashland, WI 54806 715-682-4414 x. 0 www.ashlandaging.org</p>	<p>\$3.25 per meal suggested donation for age 60+.</p> <p>Cost for people under 60 is \$7.00 unless accompanied by your 60+ spouse.</p>		<p>1 Baked Eggs w/Onion & Mushroom Red Skinned Breakfast Potatoes Banana Biscuit w/Butter</p>	<p>2 Barbecue Pork Loin Roast Baked Potatoes w/Sour Cream Broccoli Cuts WW Dinner Roll w/Butter Fresh Fruit</p>
<p>5 CLOSED FOR THE HOLIDAY NO MEALS</p>  <p>LABOR DAY</p>	<p>6 Ham w/Brown Sugar Glaze California Vegetable Blend Baked Beans WW Bread w/Butter Fresh Fruit</p>	<p>7 Italian Meatballs w/Marinara & WW Spaghetti Pasta Chopped Romaine Lettuce Salad w/Diced Tomatoes, Cucumbers & Ranch Dressing Canned Peaches</p>	<p>8 Kielbasa w/Sauerkraut Red Roasted Potatoes Steamed Green Beans WW Hot Dog Bun</p>	<p>9 Split Pea Soup & Turkey Sandwich w/WW Bread Lettuce, Tomatoes, Cheddar Cheese, Mustard, & Mayo</p>
<p>12 Hamburger Patty w/WW Bun, Lettuce, Tomatoes, & Dill Pickle Slices Four Bean Salad Tropical Fruit </p>	<p>13 Chicken Gumbo Steamed Carrots Canned Peaches</p>	<p>14 Braised Beef Tips Mashed Potatoes w/Sour Cream Pineapple Chunks WW Bread</p>	<p>15 Garlic Herb Pork Loin Baked Potatoes w/Sour Cream Broccoli Salad with Bacon Apple Crisp WW Dinner Roll w/Butter BIRTHDAY MEAL </p>	<p>16 Beef Stew Sautéed Zucchini & Squash Biscuits w/Butter Mandarin Orange Sections</p>
<p>19 Swedish Meatballs Mashed Potatoes Brussels Sprouts Fresh Fruit WW Dinner Roll w/Butter</p>	<p>20 Tuna Noodle Salad Green Pea Salad Garbanzo Bean Salad Pear</p>	<p>21 Santa Fe Chicken Bean Soup Italian Vegetables Fresh Fruit Black Bean Brownie</p>	<p>22 Salisbury Steak Mashed Potatoes w/Brown Gravy Pickled Beets WW Dinner Roll w/Butter Pear</p>	<p>23 Chicken Broccoli Alfredo Bake Italian Vegetables Orange</p>
<p>26 Lasagna Mixed Vegetables Peach Delight</p>	<p>27 Sweet and Sour Pork Brown Rice Asian Blend Vegetable Pineapple Tidbits</p>	<p>28 Meatloaf Mashed Potatoes w/Brown Gravy Steamed Peas Canned Peaches WW Bread w/Butter</p>	<p>29 Rotisserie Chicken Roasted Root Vegetables Mashed Potatoes w/Chicken Gravy WW Dinner Roll w/Butter Pear</p>	<p>30 Broccoli Cheese Soup & Sandwich w/Mustard, WW Bread, Egg Salad, Lettuce, Sliced Tomatoes Dill Pickle Spears Banana</p>