

Ashland County Aging Unit, Inc. Senior Nutrition Program

Senior Dining Sites & Meals on Wheels



For persons 60 years of age & older regardless of income or assets

SITE CONTACTS FOR RESERVATIONS OR CANCELLATIONS:

**Ashland Site
715-682-4414 x. 0**

**Sanborn Site
715-278-3955**

**Mellen Site
715-274-8251**

**Glidden Site
715-264-3682**

**Butternut Site
715-769-9417**

**Toll-Free
1-888-682-7672**

No email reservations accepted.

All meal programs administered by:

**Ashland County Aging Unit, Inc.
400 Chapple Ave.
Suite 100
Ashland, WI 54806**

715-682-4414 x. 0

Mon—All Sites	Tue—Ashland Only	Wed—All Sites	Thu—All Sites	Fri—Ashland HD
<p>\$4—\$6/meal suggested donation for age 60+.</p> <p>Actual cost/guest fee for people under 60 unless accompanied by their senior spouse is \$8.00.</p>	<p>Meals served Monday thru Friday in Ashland</p> <p>Kitchen serves from 11:30 a.m.—12:05 p.m.</p> <p>Dining Room open until 12:30</p>	<p>Reservations or Cancellations REQUIRED by 1:00 pm the day before a meal</p> <p>715-682-4414 x. 0</p>	<p>Main Office Hours: Monday - Friday 8:00 am -4:00 pm</p> <p>www.ashlandaging.org</p>	<p>1</p> <p>Barbecue Pork Lion Roast Baked Potatoes Roasted Zucchini & Squash Fresh Fruit</p>
<p>4</p> <p>Roast Chicken Breast Mashed Potatoes & Gravy Green Beans Pineapple Chinks W.W Bread</p>	<p>5</p> <p>Brown Sugar Glazed Ham Peas & Carrots Baked Beans Fresh Fruit W.W. Bread</p>	<p>6</p> <p>W.W. Spaghetti W/ Italian Meatballs Diced Peaches Side Salad</p>	<p>7 BIRTHDAY MEAL</p> <p>Salisbury Steak Mashed Potatoes & Brown Gravy Pickled Beats Peach Cobbler</p> 	<p>8</p> <p>Split Pea Soup W.W. Turkey Sandwich Fresh Fruit</p>
<p>11 CLOSED FOR VETRENS DAY</p> 	<p>12</p> <p>Lasagna Mixed Vegetables Canned Peaches</p>	<p>13</p> <p>Meatloaf Mashed Potatoes & Gravy Steamed Broccoli Fresh Fruit W.W. Bread</p>	<p>14</p> <p>Roast Pork Loin W/ Gravy Baked Potato Baked Beans Fresh Fruit Dinner Roll</p>	<p>15</p> <p>Santa Fe Chicken Bean Soup Italian Vegetables Fresh Fruit W.W. Dinner Roll</p>
<p>18</p> <p>Beef Shepard's Pie California Vegetable Blend Fresh Fruit W.W. Dinner Roll</p>	<p>19</p> <p>Swedish Meatballs Mashed Potatoes Brussels Sprouts Honeydew</p>	<p>20</p> <p>Chicken Broccoli Alfredo Italian Vegetables Fresh Fruit</p>	<p>21 Thanksgiving Meal</p> <p>Roast Turkey W/ Gravy Roast Butternut Squash Cranberry Sauce Apple Crisp W.W Dinner Roll</p> 	<p>22</p> <p>Beef Stew Roasted Zucchini & Squash Fresh Fruit Southern Biscuit</p>
<p>25</p> <p>Rotisserie Seasoned Chicken Steamed Carrots Baked Beans Fresh Fruits W.W Dinner Roll</p>	<p>26</p> <p>Broccoli Cheese Soup Egg Salad Sandwich Dill Pickles Fresh Fruit</p>	<p>27</p> <p>Sweet & Sour Pork Brown Rice Oriental Vegetable Blend Pineapple Tidbits</p>	<p>28 CLOSED FOR THANKSGIVING</p> 	<p>29 CLOSED FOR THANKSGIVING</p> 