For persons 60 years of age & older regardless of

Ashland County Aging Unit, Inc. Senior Nutrition Program Senior Dining Sites & Meals on Wheels





income or assets	I HANK YOU !				
	Mon—All Sites	Tue— HD Only	Wed—All Sites	Thu—All Sites	Fri— HD Only
SITE CONTACTS FOR RESERVATIONS OR CANCELLATIONS: Ashland Site 715-682-4414 x. 0	\$4—\$6/meal suggested donation for age 60+. Cost for people under 60 unless accompanied by their senior spouse is \$10.00	Reservations & Cancellations required by 1:00 pm the day before serving day. Please call your local meal site OR the Aging Unit office	All meals served contain at least 1/3rd of the RDA, and served with 1% Milk Menu subject to change if necessary without notice	1 Beef Stew Brussels Sprouts Fruit Cocktail	2 Turkey Meatloaf Mashed Potatoes & Gravy Peas and Carrots Fresh Fruit
Sanborn Site 715-278-3955 Glidden Site 1-888-682-7672 Butternut Site	5 Cinco De Mayo Chicken Tinga & 2 Tortillas Fajita Vegetables Refried Beans, Cheese Canned Peaches	6 Italian Meatballs Penne Pasta & Marinara Sauce Italian Blend Vegetables Mandarin Oranges	7 Turkey Chili Cornbread Brussels Sprouts Fresh Fruit	8 Mother's Day Baked Whiting with White Wine Lemon Garlic Sauce Rice Pilaf, Carrots Pound Cake - Strawberry Sauce Fresh Fruit	9 Rotisserie Chicken & Gravy Roasted Herb Potatoes Steamed Broccoli Fresh Fruit
715-769-9417 Toll-Free 1-888-682-7672 No email reserva- tions accepted.	12 BBQ Chicken Baked Beans Steamed Beets Pineapple Tidbits	 13 Romaine Lettuce Tomatoes, Sliced Cucumbers, Diced Ham, Cheddar Cheese , Ranch Dressing, Canned Peaches 	14 Turkey Tetrazzini Green Beans Tomato Cucumber Salad Fresh Fruit	15 Meatloaf Mashed Potatoes & Gravy Coleslaw Fresh Fruit	16 Turkey Meat Sauce WW Spaghetti Pasta Italian Vegetables Fresh Fruit
All meal programs administered by: Ashland County Aging Unit, Inc. 400 Chapple Ave. Suite 100	19 Chicken Chop Suey Brown Rice Asian Vegetable Blend Fresh Fruit	20 Beef Macaroni Tomato Casserole, Chopped Romaine, Cucumbers, Tomatoes Canned Pears	21 Lemon Baked Chicken /Gravy Steamed Carrots Black Bean & Corn Salad Canned Peaches	22 Memorial Day Meal Shredded BBQ Pork Red Onion Ring Dill Pickle Slices, Green Beans Red Potato Salad Tropical Fruit	23 Country Gravy with Southern Biscuit Breakfast Potatoes Grape Juice Fresh Fruit
Ashland, WI 54806 <u>Main Office Hours:</u> <u>Monday thru Friday</u> <u>8:00 a.m4:00 p.m.</u> 400 Chapple Ave. Suite 100	26 CLOSED All gave some Some gave all Remember them this Memorial Day	27 Chili Mac Steamed Broccoli Canned Peaches	28 Baked Chicken Mashed Potatoes & Gravy Brussels Sprouts Fresh Fruit	29 Birthday Meal Garlic Herb Pork Loin Gravy, Baked Potato California Veggies, Applesauce Pineapple Upside Down Cake	30 Sausage Pizza Bake Mixed Vegetables Canned Pears