

# Ashland County Aging Unit, Inc. Senior Nutrition Program

## Senior Dining Sites & Meals on Wheels

# JUNE 2022

For persons 60 years of age & older, regardless of income or assets

Actual Cost/Guest Fee for people under 60 unless accompanied by their senior spouse is \$7.00

**SITE CONTACTS FOR RESERVATIONS OR CANCELLATIONS:**



**Ashland Site**  
715-682-4414 x. 0

**Sanborn Site**  
715-278-3955

**Mellen Site**  
715-274-8251

**Glidden Site**  
715-264-3682



**Butternut Site**  
715-769-9417

**Toll-Free**  
1-888-682-7672

No email reservations accepted.

*All meal programs administered by:*

**Ashland County Aging Unit, Inc.**  
400 Chapple Ave.  
Suite 100  
Ashland, WI 54806  
715-682-4414 x. 0  
www.ashlandaging.org

Mon—All Sites	Tue—Ashland Only	Wed—All Sites	Thu—All Sites	Fri—Ashland Only
 <p><b>THANK YOU !</b></p>	<p><b><u>Main Office Hours:</u></b></p> <p><u>Monday - Friday</u> <u>8:00 a.m.-4:30 p.m.</u></p> <p>www.ashlandaging.org</p>	<p><b>1 Turkey Meatloaf w/ Chicken Gravy</b> Mashed Potatoes Sliced Beets White Bean/Kale Salad W.W. Dinner Roll w/Butter</p> <p><b>Memorial Day Dinner</b></p>	<p><b>2 Veggie Frittata</b> Crispy Hash Browns Turkey Sausage Links Banana Bread Butter</p>	<p><b>3 Rotisserie Chicken</b> Au Gratin Potatoes Broccoli cuts Strawberry &amp; Rhubarb Crisp W.W. Dinner Roll &amp; butter</p>
<p><b>6 Shepard's Pie</b> Bartlett Pear Peas &amp; Carrots W.W. Dinner Roll w/Butter</p>	<p><b>7 Ham w/ Brown Sugar Glaze</b> California Vegetables Baked Beans Cantaloupe W.W. Dinner Roll w/Butter</p>	<p><b>8 Italian Meatballs w/ Marinara Sauce</b> W.W. Spaghetti Diced Peaches Green Salad w/Spinach, Tomato, Cucumber and Ranch Dressing</p>	<p><b>9 Kielbasa</b> Sauerkraut Red Roasted Potatoes Steamed Green Beans W.W. Hot Dog Bun Blueberry Buckle</p>	<p><b>10 Classic Chicken Cacciatore</b> W.W. Penne Pasta Italian Vegetables Seasonal Fruit</p>
<p><b>13 Sweet and Sour Pork</b> Brown Rice Asian Blend Vegetables Mandarin Oranges</p>	<p><b>14 Baked Chicken Breast</b> Mashed Potatoes Chicken Gravy Steamed Carrots Peach Halves Wheat Roll w/Butter</p>	<p><b>15 Hamburger w/W.W. Bun, Lettuce, tomato, and Onion</b> Dill Pickle Baked Beans Tropical Fruit</p>	<p><b>16 Braised Beef Tips</b> Mashed Potatoes Broccoli Salad w/bacon Pineapple Chunks W.W. Dinner Roll w/Butter</p> <p><b>Father's Day Meal</b></p> 	<p><b>17 Pork Sausage Gravy With a Biscuit</b> Roasted Vegetables Red Seedless Grapes Tomato Juice</p>
<p><b>CLOSED FOR THE HOLIDAY</b></p>	<p><b>21 Salisbury Steak</b> Mashed Potatoes Brown Gravy Pickled Beets Seasonal Fruit W.W. Dinner Roll w/Butter</p>	<p><b>22 Italian Meatballs With Marinara Sauce</b> And Penne Pasta Italian Blend Vegetables Melon Wedge</p>	<p><b>23 Arroz con Pollo</b> Refried Beans Bartlett Pears Green Salad w/Spinach, Tomato, Cucumber, and Ranch Dressing</p> <p><b>Birthday Meal</b></p> 	<p><b>24 Baked Vegetable Egg Frittata</b> Crispy Hash Browns Turkey Sausage Links A Biscuit w/Butter Banana</p>
<p><b>27 Lemon Rosemary Chicken</b> Baked Beans Asparagus W.W. Bread w/Butter Orange</p>	<p><b>28 Swedish Meatballs</b> Mashed Potatoes Brussel Sprouts Peach Pineapple Gelatin W.W. Dinner Roll w/Butter</p>	<p><b>29 Turkey Tater Tot Casserole</b> Whole Green Beans Beets W.W. Bread w/Butter Melon Wedge</p>	<p><b>30 Bratwurst w/ W.W. Bun</b> Broccoli Salad with Bacon Sauerkraut Red Potato Salad</p>	<p style="text-align: center;"><b>Suggested donation for age 60+</b> <b><u>\$3.25 per meal</u></b></p>