

Ashland County Aging Unit, Inc. Senior Nutrition Program: *Senior Dining Sites & Meals on Wheels*

May 2022



| Mon—All Sites | Tue—Ashland Only | Wed—All Sites | Thu—All Sites | Fri—Ashland Only |
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| 2 Chilled Tuna Noodle Macaroni Salad Peas & Cheese Salad Three Bean Salad Granny Smith Apple | 3 Salisbury Steak w/Brown Gravy Sliced Beets Mashed Potatoes w/Gravy Cantaloupe Dinner Roll w/butter | 4 Italian Meatballs w/Marinara Sauce Penne Pasta Italian Blend Vegetables Fresh Pear | 5 Rotisserie Chicken Quarter Au Gratin Potatoes Steamed Broccoli Strawberry & Rhubarb Crisp W. W. Dinner Roll w/butter | 6 Baked Vegetable Egg Frittata Turkey Sausage Links Crispy Hashbrowns Banana Biscuit w/butter |
| 9 Ham w/Brown Sugar Glaze Peas & Carrots Baked Beans Orange | 10 Swedish Meatballs Mashed Potatoes w/Gravy Brussels Sprouts Peach Pineapple Gelatin W. W. Dinner Roll w/butter | 11 Turkey Tater Tot Casserole Roasted Tomatoes Beets Honeydew W. W. Bread w/butter | 12 BBQ Chicken California Blend Vegetables Coleslaw Red Potato Salad Dinner Roll w/butter | 13 Meat Sauce over W. W. Spaghetti Pasta Italian Vegetables Mandarin Orange Sections Garlic Stick |
| 16 Chicken Chop Suey Over Brown Rice Asian Blend Vegetables Mandarin Orange Sections | 17 Baked Breaded Fish on W. W. Bun w/lettuce, tomato, tartar sauce Mixed Vegetable Blend Cowboy (Calico) Beans Fresh Apple | 18 Garlic Herb Pork Loin & Pork Gravy Baked Potato w/sour cream & butter Broccoli Salad Apple Crisp W. W. Dinner Roll w/butter | 19 Baked Chicken Thyme Roasted Potatoes Steamed Local Carrots Canned Peaches Wheat Roll w/butter | 20 Green Split Pea & Ham Soup Turkey, cheese, leaf lettuce, tomato on W.W. Bread Sandwich Mayo & Mustard Fresh Pear |
| 23 Beef Frank on Bun Ketchup, mustard, relish Classic Shredded Coleslaw Three Bean Salad Applesauce | 24 Baked Chicken w/Thyme Sauce Mashed Potatoes Asparagus Orange Wheat Dinner Roll w/butter | 25 Beef Stroganoff over buttered Egg Noodles Mixed Vegetable Blend Green Salad w/cucumber & tomato wedge Canned Apricots | 26 Beef Macaroni Tomato Casserole Green Peas Blush Pears Caramel Brownies | 27 Broccoli Cheese Soup & Egg Salad Sandwich Lettuce, tomato, mustard, & pickle spear Strawberry & Rhubarb Crisp |
| 30 CLOSED in observance of Memorial Day |  31 Pork Roast in Pork Gravy Garlic Roasted Potatoes Green Beans Applesauce Wheat Roll w/butter | Reservations & Cancellations required by 2:00 pm the serving day before. Please call your local meal site OR the Aging Unit office. Inclement Weather: Call Aging Unit office. Suggested Contribution: \$3.25 per meal All meals: served at 11:30 to 12:05 p.m., contain at least 1/3rd of the RDA, and served with 1% Milk Menu subject to change if necessary without notice. The ACAUI will not be responsible for insuring that menu selections are free from allergens. Participants with life threatening food allergies are encouraged to bring substitute food items from home. | | |

For persons 60 years of age & older, regardless of income or assets

Actual Cost/Guest Fee for people under 60 unless accompanied by their senior spouse is \$7.00

SITE CONTACTS FOR RESERVATIONS OR CANCELLATIONS:



Ashland Site
715-682-4414 x. 0

Sanborn Site
715-278-3955

Mellen Site
715-274-8251

Glidden Site
715-264-3682

Butternut Site
715-769-9417

Toll-Free
1-888-682-7672

No email reservations accepted.

All meal programs administered by:
Ashland County Aging Unit, Inc.
 400 Chapple Ave.
 Suite 100
 Ashland, WI 54806
 715-682-4414 x. 0
www.ashlandaging.org