

For persons 60+ regardless of income or assets

Ashland County Aging Unit, Inc. Senior Nutrition Program Dining Sites & Meals on Wheels

May 2024

FOR RESERVATIONS OR CANCELLATIONS:

Ashland Site
715-682-4414 x. 0

Sanborn Site
715-278-3955

Mellen Site
715-274-8251

Glidden Site
715-682-4414 x0

Butternut Site
715-769-9417

Toll-Free
1-888-682-7672





All meal programs administered by:

Ashland County Aging Unit, Inc.

400 Chapple Ave.
Suite 100
Ashland, WI 54806

715-682-4414 x. 0

All meals served with choice of milk, water, or

Mon—All Sites	Tue—Ashland Only	Wed—All Sites	Thu—All Sites	Fri—Ashland HD Meal Congregate at Northland
<p>\$4—\$6/meal suggested donation for age 60+. Actual cost/guest fee for people under 60 unless accompanied by their senior spouse is \$9.00.</p>	<p>Meals served Monday thru Friday @ Ashland</p> <p>Kitchen serves from 11:30 a.m.—12:05 p.m.,</p>	<p>1 Sweet and Sour Meatballs Brown Rice Tomato and Cucumber Salad Asian Blend Vegetables Pineapple</p>	<p>2 Lasagna Romaine Side Salad w/Cucumbers, Tomato Wedges, Ranch Peaches</p>	<p>3 Maple Glazed Pork Mashed Potatoes w/Gravy California Veggies WW Bread w/Butter Fresh Fruit</p>
<p>6 Italian Meatballs w/Marinara On Penne Pasta Italian Blend Vegetables Fresh Fruit</p>	<p>7 Chicken Fajita on Flour Tortilla Refried Beans & Fajita Veggies Fresh Fruit</p>	<p>8 Beef Chili Cornbread Brussel Sprouts Fresh Fruit</p>	<p>9—MOTHER'S DAY MEAL Cod Picatta Rice Pilaf Diced Carrots Pound Cake w/Whipped Cream & Strawberry Sauce Fresh Fruit</p> 	<p>10 Rotisserie Seasoned Chicken Roasted Herb Potatoes Steamed Broccoli WW Bread w/Butter Fresh Fruit</p>
<p>13 Turkey Tetrazzini Tomato Cucumber Salad Green Beans Fresh Fruit</p>	<p>14 Romaine Salad w/Wedged Tomatoes, Cucumbers, Black Forest Ham, Cheddar Cheese, Ranch WW Roll w/ Butter Peaches</p>	<p>15 BBQ Chicken Baked Beans Coleslaw WW Bread w/Butter</p>	<p>16 Turkey Meatloaf Mashed Potatoes w/Gravy Steamed Beets WW Roll w/Butter Fresh Fruit</p>	<p>17 Meat Sauce w/WW Spaghetti Pasta Italian Vegetables Fresh Fruit</p>
<p>20 Chicken Chop Suey on Brown Rice Asian Blend Vegetables Fresh Fruit</p>	<p>21 Beef Chili Mac Casserole w/Tomato Side Salad w/Romaine Cucumbers, Tomatoes, & Ranch Pears</p>	<p>22 Lemon Baked Chicken w/Gravy Black Beans & Corn Salad Steamed Carrots WW Roll w/ Butter Peaches</p>	<p>23 - BIRTHDAY MEAL Herb Pork Loin w/Gravy Baked Potatoes Cali Blend Veggies Pineapple Upside Down Cake</p> 	<p>24 Biscuit w/Country Gravy Sausage Links Sauteed Zucchini & Squash Grape Juice Fresh Fruit</p>
<p>27—CLOSED MEMORIAL DAY</p> 	<p>28 Chili Mac Steamed Broccoli Fresh Fruit</p>	<p>29 BBQ Pork Loin Black Beans w/Rice Cali Veggie Blend Pineapple</p>	<p>30 - MEMORIAL DAY MEAL Cheeseburger on a Bun w/Lettuce, Tomato, Red Onion & Dill Pickles, Red Potato Salad Fresh Cantaloupe</p> 	<p>31 Sausage Pizza Bake Italian Veggies Pears</p>