

For persons 60+ regardless of income or assets

## Ashland County Aging Unit, Inc. Senior Nutrition Program Dining Sites & Meals on Wheels

# May 2024

FOR RESERVATIONS OR CANCELLATIONS:

**Ashland Site**  
715-682-4414 x. 0

**Sanborn Site**  
715-278-3955

**Mellen Site**  
715-274-8251

**Glidden Site**  
715-682-4414 x0

**Butternut Site**  
715-769-9417

**Toll-Free**  
1-888-682-7672


*All meal programs administered by:*

**Ashland County Aging Unit, Inc.**

400 Chapple Ave.  
Suite 100  
Ashland, WI 54806

715-682-4414 x. 0

All meals served with choice of milk, water, or

Mon—All Sites	Tue—Ashland Only	Wed—All Sites	Thu—All Sites	Fri—Ashland HD Meal Congregate at Northland
<p><b>\$4—\$6/meal suggested donation for age 60+. Actual cost/guest fee for people under 60 unless accompanied by their senior spouse is \$9.00.</b></p>	<p><b>Meals served Monday thru Friday @ Ashland</b></p> <p><b>Kitchen serves from 11:30 a.m.—12:05 p.m.,</b></p>	<p><b>1</b> Sweet and Sour Meatballs Brown Rice Tomato and Cucumber Salad Asian Blend Vegetables Pineapple</p>	<p><b>2</b> Lasagna Romaine Side Salad w/Cucumbers, Tomato Wedges, Ranch Peaches</p>	<p><b>3</b> Maple Glazed Pork Mashed Potatoes w/Gravy California Veggies WW Bread w/Butter Fresh Fruit</p>
<p><b>6</b> Italian Meatballs w/Marinara On Penne Pasta Italian Blend Vegetables Fresh Fruit</p>	<p><b>7</b> Chicken Fajita on Flour Tortilla Refried Beans &amp; Fajita Veggies Fresh Fruit</p>	<p><b>8</b> Beef Chili Cornbread Brussel Sprouts Fresh Fruit</p>	<p><b>9—MOTHER'S DAY MEAL</b> Cod Picatta Rice Pilaf Diced Carrots Pound Cake w/Whipped Cream &amp; Strawberry Sauce Fresh Fruit</p> 	<p><b>10</b> Rotisserie Seasoned Chicken Roasted Herb Potatoes Steamed Broccoli WW Bread w/Butter Fresh Fruit</p>
<p><b>13</b> Turkey Tetrazzini Tomato Cucumber Salad Green Beans Fresh Fruit</p>	<p><b>14</b> Romaine Salad w/Wedged Tomatoes, Cucumbers, Black Forest Ham, Cheddar Cheese, Ranch WW Roll w/ Butter Peaches</p>	<p><b>15</b> BBQ Chicken Baked Beans Coleslaw WW Bread w/Butter</p>	<p><b>16</b> Turkey Meatloaf Mashed Potatoes w/Gravy Steamed Beets WW Roll w/Butter Fresh Fruit</p>	<p><b>17</b> Meat Sauce w/WW Spaghetti Pasta Italian Vegetables Fresh Fruit</p>
<p><b>20</b> Chicken Chop Suey on Brown Rice Asian Blend Vegetables Fresh Fruit</p>	<p><b>21</b> Beef Chili Mac Casserole w/Tomato Side Salad w/Romaine Cucumbers, Tomatoes, &amp; Ranch Pears</p>	<p><b>22</b> Lemon Baked Chicken w/Gravy Black Beans &amp; Corn Salad Steamed Carrots WW Roll w/ Butter Peaches</p>	<p><b>23 - BIRTHDAY MEAL</b> Herb Pork Loin w/Gravy Baked Potatoes Cali Blend Veggies Pineapple Upside Down Cake</p> 	<p><b>24</b> Biscuit w/Country Gravy Sausage Links Sauteed Zucchini &amp; Squash Grape Juice Fresh Fruit</p>
<p><b>27—CLOSED MEMORIAL DAY</b></p> 	<p><b>28</b> Chili Mac Steamed Broccoli Fresh Fruit</p>	<p><b>29</b> BBQ Pork Loin Black Beans w/Rice Cali Veggie Blend Pineapple</p>	<p><b>30 - MEMORIAL DAY MEAL</b> Cheeseburger on a Bun w/Lettuce, Tomato, Red Onion &amp; Dill Pickles, Red Potato Salad Fresh Cantaloupe</p> 	<p><b>31</b> Sausage Pizza Bake Italian Veggies Pears</p>